

King of The Valley Trail Run 2019 - 12km



Results Supplied by [Big O Sports ZA](#)

Male 12km - King of The Valley 2019

Race No	Name	Gender	Category	Time	Result By Category	Result By Race
130	Mvuyisi, Gcogco	Male	B	0:55:14	1	1
126	Peter, Ryan	Male	B	0:55:59	2	2
1	Attenborough, Shaun	Male	C	0:56:41	1	3
136	Bester, Michael	Male	B	1:03:14	3	4
131	Nodada, Luthaando	Male	B	1:04:08	4	5
129	Barnard, Erik	Male	B	1:06:07	5	8
144	Munton, Craig	Male	B	1:06:59	6	10
43	Halbert, Jacques	Male	B	1:08:23	7	11
47	Hougaard, Emil	Male	C	1:10:19	2	12
99	Tonkin, Barry	Male	B	1:10:25	8	13
166	Schaefer, Bvuno	Male	C	1:11:29	3	14
153	Van Niekerk, Bruce	Male	B	1:12:32	9	17
67	Mclagan, Bryan	Male	B	1:14:47	10	19
85	Sim, Dean	Male	C	1:15:38	4	20
84	Shaw, Michael	Male	B	1:16:35	11	22
141	Holmes, Brett	Male	B	1:17:09	12	23
124	Louw, Coenie	Male	B	1:17:33	13	24
145	Munton, Graham	Male	C	1:17:36	5	25
15	Compton, Graham	Male	B	1:17:47	14	26
32	Flanagan, James	Male	B	1:18:05	15	27
18	De Kock, Ken	Male	C	1:18:15	6	28
29	Enslin, Cullen	Male	B	1:20:45	16	31
52	Kapp, Ashley	Male	B	1:20:54	17	32
148	Scholtz, Gerhard	Male	B	1:20:57	18	33
73	Ndzombane, Ndaba	Male	C	1:23:02	7	37
135	Meistre, Chris	Male	B	1:23:31	19	39
92	Storm, Kevin	Male	C	1:23:34	8	40
81	Pieterse, Philip	Male	B	1:24:34	20	41
161	Whinney, Shaun	Male	B	1:25:05	21	43
138	Nevelihg, Wynand	Male	B	1:25:35	22	44
70	Nagel, Timothy	Male	B	1:25:44	23	45
162	Exley, Mark	Male	C	1:25:53	9	46
42	Grobler, Gerhard	Male	B	1:26:18	24	47
157	Anderson, Justin	Male	B	1:28:48	25	49
44	Hibbert, Andrew	Male	B	1:29:19	26	50
100	Tubb, Robert	Male	B	1:29:31	27	51

93	Strydom, Jared	Male	B	1:29:43	28	53
90	Staats, Johann	Male	B	1:30:04	29	54
8	Butters, Rodney	Male	C	1:31:04	10	56
65	Marran, Allister	Male	B	1:31:14	30	59
91	Steyn, Robin	Male	B	1:31:27	31	60
4	Blundell, Adrian	Male	B	1:31:37	32	63
34	Foster, Gareth	Male	B	1:33:14	33	65
98	Thrussell, Quinton	Male	B	1:34:19	34	68
25	Du Plessis, Morne	Male	B	1:37:07	35	73
55	Kok, Pierre	Male	B	1:38:14	36	74
139	Trub, Daniel	Male	B	1:38:16	37	75
154	Conradi, Henri	Male	B	1:39:04	38	77
45	Hoekstra, Konrad	Male	C	1:39:10	11	78
128	Hickson-Mahony, Stephen	Male	C	1:39:32	12	82
31	Farren, Dave	Male	C	1:40:25	13	83
17	De Klerk, Nicholas	Male	B	1:40:29	39	84
95	Tavoda, Martin-John	Male	B	1:44:12	40	91
160	Kelleher, Gary	Male	C	1:45:54	14	96
111	Wanvig, Bradley	Male	C	1:47:05	15	98
116	Wood, Matthew	Male	B	1:47:12	41	99
112	Welgemoed, Lester	Male	C	1:47:57	16	100
21	Derbyshire, Jonathan	Male	B	1:48:00	42	101
9	Cherry, Wayne	Male	B	1:48:30	43	102
149	Van Der Kalf, Hennie	Male	C	1:48:37	17	103
109	Vermaak, Enrico	Male	B	1:49:56	44	108
59	Louw, Erich	Male	B	1:52:17	45	113
125	Shepherd, Leigh	Male	C	1:52:23	18	115
120	Van Schalkwyk, Johann	Male	C	1:53:19	19	121
77	Payne, Cornel	Male	B	1:53:26	46	123
54	Klinkenburg, Pieter	Male	B	1:55:01	47	124
110	Wagenaar, Warren	Male	B	1:59:43	48	128
38	Gouws, Charl	Male	C	2:03:49	20	134
63	Maggott, Rodney	Male	C	2:08:38	21	136
64	Males, Gerald	Male	B	2:17:34	49	141

Female 12km - King of The Valley 2019

Race No	Name	Gender	Category	Time	Result By Category	Result By Race
6	Buchanan , Beth	Female	B	1:05:30	1	6
142	Bentley, Tanya	Female	B	1:06:00	2	7
50	Jordaan , Rebecca	Female	B	1:06:33	3	9
147	Willimott, Gail	Female	B	1:11:42	4	15
11	Cockcroft, Estee	Female	B	1:12:18	5	16
159	Kretzmann, Lindy	Female	B	1:14:13	6	18
75	Nortje, Meagan	Female	B	1:15:55	7	21
137	Darke, Geanne	Female	B	1:20:21	8	29
132	Botha, Maxine	Female	B	1:20:23	9	30
97	Thomson, Amy	Female	B	1:21:11	10	34
123	Louw, Belinda	Female	B	1:21:22	11	35

146	Black, Dawn	Female	B	1:21:43	12	36
134	Vermaak, Bianca	Female	B	1:23:30	13	38
79	Petrelis, Marie	Female	B	1:25:01	14	42
143	Blignoult, Nicolette	Female	B	1:28:30	15	48
40	Greyling, Annette	Female	B	1:29:33	16	52
88	Smit, Leone	Female	B	1:30:41	17	55
158	Rudman, Lindie	Female	B	1:31:06	18	57
152	Derry, Katherine	Female	B	1:31:09	19	58
151	Van Niekerk, Claudia	Female	B	1:31:29	20	61
2	Barnard, Janine	Female	C	1:31:35	1	62
22	Dorward, Christine Anne	Female	B	1:32:22	21	64
133	Ctum, Nomatamba	Female	B	1:33:40	22	66
39	Greyling, Marike	Female	B	1:33:46	23	67
37	Glennie , Diana	Female	B	1:34:38	24	69
69	Nagel, Claire	Female	C	1:35:15	2	70
114	Wessels, Elize	Female	B	1:36:18	25	71
156	Kruger, Storm	Female	B	1:37:04	26	72
7	Buchner, Theresa	Female	B	1:38:32	27	76
155	Frewen, Lynn-Hay	Female	B	1:39:13	28	79
87	Smit, Henneli	Female	B	1:39:22	29	80
35	Friggens , Kim	Female	B	1:39:29	30	81
140	Clarke, Pamela	Female	B	1:40:37	31	85
122	Van Schalkwyk, Elsabe	Female	B	1:41:00	32	86
12	Coetzer, Yolande	Female	B	1:41:09	33	87
103	Van Den Heever, Bridget	Female	B	1:42:26	34	88
27	Du Toit, Sam	Female	B	1:42:28	35	89
46	Holmes, Claire	Female	B	1:43:47	36	90
16	De Andrade, Tenielle	Female	B	1:44:15	37	92
150	Van Der Kalf, Janette	Female	C	1:44:21	3	93
165	Bower, Jillian	Female	B	1:44:50	38	94
121	Van Schalkwyk, Magdel	Female	B	1:45:44	39	95
113	Wessels, Monique	Female	B	1:46:28	40	97
19	De Kock, Hanna	Female	B	1:49:15	41	104
3	Best, Marie	Female	C	1:49:24	4	105
74	Nel, Elize	Female	B	1:49:26	42	106
26	Du Toit, Elizabeth	Female	B	1:49:34	43	107
163	Mc Gloughlin, Maudy	Female	B	1:50:53	44	109
107	Van Tonder, Jackie	Female	B	1:50:54	45	110
94	Tarboton, Sharon	Female	C	1:51:14	5	111
66	Mcintyre, Tracy	Female	B	1:51:35	46	112
78	Payne, Lundi	Female	B	1:52:19	47	114
48	Hunter, Belinda	Female	B	1:52:27	48	116
49	Ingram, Alta	Female	C	1:52:29	6	117
23	Du Buisson, Simone	Female	B	1:52:44	49	118
53	Kickhofel, Cindy	Female	B	1:52:46	50	119
80	Pieterse, Erika	Female	B	1:53:15	51	120
76	Paul, Lischa	Female	B	1:53:21	52	122
14	Combrinck, Jacoline	Female	C	1:56:03	7	125

104	Van Heerden, Mitzi	Female	C	1:56:05	8	126
115	Wood, Clare	Female	B	1:59:20	53	127
101	Van De Putte, Shannon	Female	B	1:59:47	54	129
82	Ristow, Liezel	Female	B	2:00:22	55	130
20	Denyer, Deanne	Female	B	2:00:24	56	131
57	Kula, Nomfundo	Female	B	2:01:22	57	132
72	Ndalambi, Fulufhelo	Female	B	2:01:26	58	133
62	Maggott, Lesley	Female	C	2:08:36	9	135
68	Meyer, Marlene	Female	B	2:12:40	59	137
164	Bower, Faith	Female	B	2:13:22	60	138
10	Clare, Kerry	Female	B	2:14:18	61	139
60	Luckman, Rae	Female	B	2:17:34	62	140
108	Vermaak, Mile	Female	C	2:17:36	10	142
117	Young, Jocelyn	Female	C	2:18:37	11	143
28	Engelbrecht, Cindy Lee	Female	B	2:39:57	63	144
83	Schoombie, Denise	Female	B	2:44:42	64	145

